



The Messenger

A PUBLICATION OF McCABE UNITED METHODIST CHURCH

February 2012

Volume 30 Issue 1

Upcoming Events

Sunday, February 5

Boy Scout Sunday
(Boy Scouts & Cub Scouts wear your uniforms!)

Friday, February 17

Leave for Ski Trip

Wednesday, February 22

Ash Wednesday - Lenten Schedule Begins
5:00 pm Lenten Meal
6:00 pm Lenten Study
7:00 pm Lenten Worship

Saturday/Sunday, Feb. 25 & 26

Communion

Sunday, February 26

6:30 pm Not-So-Newlywed Game
(Sponsored by the Chancel Choir)

Thought for the Day...

"You come to love not by finding the perfect person, but by seeing an imperfect person perfectly."

~ Sam Keen



A heartfelt **THANK YOU** for your gifts of children's socks, underwear and eye drops for Grace Hospital for Children in Haiti. Your gifts travelled with me on a United Methodist Volunteer-In-Mission trip with Haiti Solar Oven Project in November 2011. Upon arrival in Haiti our eleven team members combined the gifts from our various churches. As we repacked them into SEVEN HUGE suitcases for delivery to the hospital we were keenly aware of the love they represented from friends at our churches back home. I am most grateful for McCabe's support.

Grace Children's Hospital in Haiti was badly damaged in the January 2010 earthquake. Consequently, many departments were moved into containers for the duration of the rebuilding which is a slow process. On our hospital tour we visited the new lab and pharmacy buildings which were surprisingly small in size. The children who suffer from HIV/AIDS brought tears to our eyes as we walked through their ward. Our tour guide reminded us these were the fortunate children who were brought to the hospital for treatment. We were stunned to learn five percent of Haitian children less than 5 years of age suffer acute under nutrition; consequently, a vast number of children do not survive their 5th birthday.

In support of the Haiti Solar Oven Project the Missions Work Area cordially extends an **INVITATION** to you, your family and friends. A "**Haiti Solar Oven Soup and Sandwich Benefit**" will be held on **Sunday, February 12**, in the Fellowship Room **downstairs** at McCabe. The serving time is from **11:00 a.m. until 1:00 p.m.** Plan to join us on a faith-sharing journey to Haiti with Solar Oven Partners via a short slide presentation. While munching your sandwich McCabers will briefly share their mission experiences at the Solar Oven Workshop in South Dakota. A free-will offering will purchase solar ovens for Haitian families. Please mark your calendars and plan to attend.

Blessings and thank you for your Christian love and care for the people of Haiti.

Karen Workman
Missions Work Area

The Haiti Solar Oven Project, a feeding ministry, is a mission of the United Methodist Dakotas Conference



For What It's Worth:

Robert E. Vallet, in his book *Stepping Stone of the Steward*, tells the story about a young mother who chose to use her God-given skill's rather than falling into despair and giving up. Her story reminds me of the church.

Several years ago, a baby was born in Texas without arms or legs. As babies will do, she grew up to become an adult and eventually a mother. The *mother part* was a concern for the state of Texas. The *Texas State Department of Public Warfare* brought charges that implied that she was incapable of taking care of her five-month-old daughter.

I can hardly blame the state of Texas. How can a mother, born without arms or legs, take care of an infant child?

During her court hearing, this mother surprised everyone in court by first telling the judge that she could take care of her daughter and then proving it! Before the eyes of the court, she undressed her baby and then dressed her again by using only her lips and tongue.

The judge was so impressed that he not only awarded her custody of the baby, but said, *"I have to commend you for your courage, your spirit and your ingenuity. You have proven that physical capabilities are only a part of the resources that we human beings possess."*

This woman did not dwell on what she did not have. She did not feel sorry for herself or give up her dream of being a good mother. She used the skills God had given her.

This is a good lesson for the church especially McCabe UMC. We may not be the biggest church or the richest church or the most talented church, but by using the gifts and talents we have we can become *our best*.

In 2012, we hope that you will consider using your God-givens gifts and talents to assist McCabe in becoming our best. Too often, churches miss opportunities to develop and grow new programs and ministries because they fail to use what gifts they possess. The pews are full of people waiting for the chance to serve God, but they don't get asked or they get asked to use gifts they do not possess.

I remember an older gentleman who was a member of the church I served in Kansas. He often lamented that he was too old to participate in the church in any meaningful way. Then, one Sunday morning, he brought an armload of turnips to church. Turnips! The people were grateful. The next Sunday he brought in another armload and soon he became known as the 'Turnip Man'. He had found a way to serve the Lord.

I predict that 2012 will be a banner year for us. We have a strong purpose statement: *Christ calls us to **Worship, Grow and Serve***. We have developed a process that will focus on the three areas of Worshiping God, Growing Disciples and Serving God.

For Worship, our Worship and Nurturing, Outreach and Witness (NOW) teams are already asking important questions. How can we have more meaningful services? How can we reach more un-churched people? How can we use the talent of this church? How can we be more hospitable?

For Growing Disciples, we have our Education and NOW Teams strengthening existing small groups and programs and developing new ones.

For Serving God, our Mission Team will be developing new mission fields that will allow more McCabe members and friends additional opportunities to serve God.

Together, everyone at McCabe from our teams and boards, from our youth to UMW, from our Sunday School Classes to our music groups will be challenged to always ask the question, how can we better **Worship God, Grow as disciples and Serve God?**

This will be an exciting time for us as we intentionally follow the path of our purpose statement: *Christ calls us to **Worship, Grow and Serve***.

On behalf of the Baker and Fossum families, we thank you for the many cards and gifts we received during Christmas. We were once again overwhelmed with your thoughtfulness and generosity. Thank you and may God's best be with you all.

Together with you in Christ,

Pastor Rick





In our thoughts & prayers

Joan Onstad & family on the death of Joan's mother, Clara Leno, of Bismarck, on December 12, 2011.

The family & friends of Deloris Corcoran, of Pierre, SD, on December 13, 2011.

The family & friends of Jane Bibleheimer, of Bismarck, who died December 26, 2011.

Richard & Vickie Nordmeyer & family on the death of Richard's mother, Ruth Nordmeyer, of Willmar, MN, on December 26, 2011.

Jim & DeEtta Heid & family on the death of Jim's father, Wilbert Heid, of New Salem, ND, on December 30, 2011.

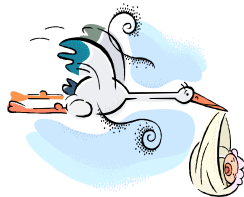
The family & friends of Janet Scarff of Bismarck, ND, who died January 1, 2012.

Robb & Jody Eckert & family on the death of Robb's grandmother, Sis Eckert of Bismarck, on January 4, 2012.

Marilyn & Walt Eiseman, and Pat & Waburn Martin and families on the death of Marilyn's & Pat's mother, Pauline Schaffer of Wishek, ND, on January 12, 2012.

Barb Egan & family on the death of Barb's brother, Bob Christensen, of Richfield, MN, on January 15, 2012.

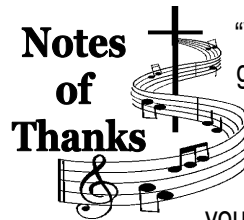
Congratulations to:



Andrew & Mary Wandler on the birth of their daughter, Zahara Rome, on December 16, 2011.

Billi Jo (Knutson) & Doug Plante on the birth of their son, Orion Tristan, on December 19, 2011. Proud grandparents, aunt, uncle, and cousins are Gary & Marti Knutson, JoDean, Mark, Noah, and Anna Person.

Doug & Chere Schultz on the birth of their grandson, Reid Jesse on January 5, 2012 in Sioux Falls, SD. Reid's proud parents are Jesse & Angie and his big brother is Grant.



Notes of Thanks

"Words cannot begin to express the gratitude we feel for the support and compassion shown to us after my Dad departed this life to begin his eternal life with our Savior. Thank you so much for your kind words, prayers, call and cards. The thoughtfulness of our church family at this time of sorrow will always be remembered. May God bless you all."
~ Vi & Ron Helm

Thanks to all at McCabe for you generous contributions.
~ The Bismarck Food Pantry

Thank you so much for the food donations to our Dinner-4-Four Backpack Program. We appreciate your generosity in helping our low-income families.
~ Andrea Werner

\$12,117.75! Thanks is the amount raised in the 2011 Bismarck-Mandan CROP Walk for Hunger. Thanks to all of you.
~ Allison Germolus & Mary Scherer

Thank you so much for the Comfort Kits and being a collection site. The Kits you have donated have brought joy to many kids. God bless you all!
~ Jayne Reinhiller

Thank you to Kerrie Schlecht for directing a wonderful Children's Christmas Program in December. Nearly every child in church school was involved in the service that day. There were many volunteers involved to put the program together.

Thank you to everyone who helped with the Hills of Bethlehem experience Dec. 18. Shepherds were Jeremiah Peterson, Kyle Hagler, Hunter Scanson, Kyle Joersz, Dave Hagler and Marshall Pudwill. Bethlehem woman was Lexi Hagler and Innkeeper was Mike Briggs.

Thank you to CE Committee for providing cupcakes for the "Happy Birthday, Jesus!" parties in church school classes December 18, 2011.

Thank you to Dave Hagler, Hunter Scanson, Kyle Joersz, Karen Nicholson, Lexi Hagler and Jim Unkenholz for presenting the worship skit: Voices of Christmas.

Thank you to everyone who donated personal care items for the homeless shelters and others in need. Boxes of items were delivered to Ronald McDonald House, Abused Adult Resource Center, Ruth Meier's Hospitality House and Carrie's Kids.

2012 Lenten Activities

Come and participate in our 2012 Lenten Activities. This will be an excellent opportunity for those of you wishing to grow spiritually.

Starting Wednesday, February 22, we will have a meal beginning at 5:00 p.m. This meal will be open to our McCabe Church family. At 6:00 p.m., Pastors Ray and Rick will lead a class called *24 Hours That Changed the World*. This class will combine the biblical story, historical detail and theological analysis to retell the narrative of Jesus' last and greatest hours.

A Lenten worship service is also planned for Wednesday evening. Pastor Ray and Rick will preach a series of messages called *The Parables of Jesus*. The series will include:

- * The Prodigal Son
- * Old or New Wineskins
- * The Good Samaritan
- * Buried Treasure and Pearls
- * Talents and Managers

Please join us as we dedicate this Lenten season to growing spiritually. Invite family and friends to join our church family as we seek to grow our faith.

Lenten Schedule

Wednesdays	5:00 p.m.	Meal
	6:00 p.m.	<i>24 Hours That Changed the World</i>
	7:00 - 7:35 p.m.	Worship Service: <i>The Parables of Jesus</i>
Saturdays	5:00 p.m.	Worship Service
Sundays	8:00, 10:00 & 11:15 a.m.	Worship Services: <i>Faith for the 21st Century</i> (New Series)

Please invite family and friends to join McCabe during this season of Lent as we seek to develop a greater relationship with Jesus Christ.

Minot Recovery

There is opportunity for volunteers from McCabe to help rebuild flood damaged homes in Minot. To support the rebuilding effort several denominations are collaborating to create **Hope Village** which will provide housing and food for up to 3,000 volunteer workers who will pay \$20 per day for the **Hope Village** services.

Please check your calendars and consider joining a team from McCabe or volunteering on your own for this huge project. **Hope Village** will operate from April 15 to October 1. The plan is for the first 50 homes to be ready for rebuilding by April 15.

There will be work for highly skilled and not so skilled volunteers. Please contact Jim Unkenholz at: C: 667-2050 or H: 258-8333 for further information or leave a note for Jim at the church office telling when you are available to help.

Reception for Barb Egan Sunday, February 19, 2012

Join the Staff/Parish Committee in thanking Barb Egan for her many years of service as the Director of Music Ministry on Sunday February 19 from 9:00 - 10:00 a.m. in the Great Hall. Cake and coffee will be served.



Reminder !

The monthly Messenger along with a calendar of events is on line at www.mccabeumc.com. You can also get a printed or audio copy of each week's sermon and your daily devotional material on the church website including the much loved Upper Room.

Blessing Tree Donors

Ike Aichele, in memory of Evelyn Aichele.
Bob & Kathy Aller, in honor of friends and family.
Mikah Anderson in honor of Paige Renschler, and in memory of Pete Alan Renschler.
Jerrold Arneson, in memory of Edna Rick and Olga Arneson.
Lori Arneson & Loren Wold, in memory of their grandmas, Florence Dobson and Olive (Borden) Wold.
Dorothy Baker, in memory of Don Baker.
Kathy Benesh, in honor of Maggie & Joe Markel.
Howard & Melvena Bier, in memory of Stephen McLeish.
Jennifer Bitz, in honor of her mother, Susan P.
Marvia Boettcher, in honor of the children who attend Open Door and their devoted staff.
Al & Almora Borner, in honor of Nicole and Shelbey.
Brad & Pam Burchinal.
Jodie & Dave Campbell, in honor of Ellie Lacher and Trenten Lacher.
Carol Desper, in memory of Charles Desper.
Charles & Marion Eastgate.
Vickie Eastgate, in honor of Sharyl, Jon and Becky Maier.
Dick & Bonnie Elefson, in honor of Jolene Puhalla.
Doris Elness.
Al & Jay Ehrmantraut in honor of their grandchildren.
Fran & Audrey Ely in honor of their grandchildren.
Darlene & Joe Farrell in memory of Carol Hipple, Jo Biffle, Audrey Linger, and Grayce Olson.
Mavis Fuher, in memory of Eugene Fuher.
DeEtta Heid, in memory of Leona Pocta.
Serene Henke, in honor of Rhonda Henke and her Mom & Dad.
Dick Hipple, in memory of his wife, Carol, and son, Basil.
John Hobelman, in honor of Nason Hobelman.
Edwin & Lois Horning, in honor of a dear friend, Lucille Ness.
Don & Dorrit Huber, in honor of family.
Helen Joersz.
Judy Johnson.
Bob Keim, in memory of Calista Keim.
Alice Kleingartner, in honor of her great-grandsons, Connor and Jacob Lang.
Loretta Knight, in honor of the Open Door Board and Staff.
Gloria Knoll, in memory of Stephina Knoll and Edna Kosanke.
Jeanne & Robert Kolberg, in honor of Dick Unkenholz.
Florence Langen, in honor of family.
Shirley Leben in memory of loved ones.
Sharyl, Jonathan & Becky Maier in honor of our Maier and Eastgate families.
Roy & Lida Mallory.
Deb & Dan McPherson, in honor of MaKenzie, Morgan, and Madison.
Rollin & Barbara Mehlhoff, in honor of their granddaughters, Madison, Kasey, and Lilly.

Floramay & Steve Miller, in memory of Neva McBride, who loved children.
Don Moos.
Jeff Moos, in honor of McCabe UMC.
Hal & Lois Neff, in honor of family.
Kathy Odegaard.
Roger & Betty Jo Peet, in memory of Bill Zachmeier and Del Peet.
Eleanor Piehl, in honor of Naomi Friesz.
Dave & Diane Peterson, in honor of Noah and Olivia Anderson.
Neil & Donna Reamann, in honor of their son, Richard Reamann.
Dean & Rhonda Reese, in memory of Sandy Weber & Michael Reese and in honor of Brady & Morgan Reese.
Pat Rotenberger, in honor of her grandchildren, Madison, Molly, Riggs, and Brielle.
Barb & Randy Salzer.
Mr. & Mrs. Clarence Salzer.
Carol Saville, in honor of her grandchildren, Jacob, Emma, Chase, Alexandra and Parker.
Lorraine Scanson, in honor of her grandchildren, Carter, Hunter, Delaney, Taylor, Jayden & Jewell.
Muriel Schilling, in honor of McCabe's Interpretive Choir and the Director. You are a blessing!
Karla Schindler, in memory of Dick and Richard Schindler.
Don & Linda Schuette.
Bob & Carol Simmers, in memory of Jackson Dean Simmers.
Larry & Peggy Shireley, in honor of Mary Louise Smith.
Phil Sjursen in memory of Nancy & Susan Sjursen.
Doug, Penny, Lexie, Jackson & Luke Smith, in honor of their children.
Beverly Solberg, in honor of Edwin & Doris Landerholm.
Gladys Stickney, in honor of Kim, Jeff, and David.
Bill & Marilyn Strutz, in honor of Jolene Puhalla.
Beth Swanson, in memory of her mom, Hazel Redmann, a long time supporter & friend of Open Door.
Jay & Kathy Temchack, in the spirit of Christmas.
Helen Teske, in honor of Jane Morgan.
Sandy Tjaden.
Steve & Debbie Van Berkom, in honor of their grandsons, Nathan and Alex.
Irene & Earl Wentz, in memory of Irene's sister, Vi Melin.
Ron & Evelyn Wold, in honor of Lori & Jerrold Aneson and Loren Wold, and in memory of George, Florence, Richard, and David Dobson.
Larry & Pat Wood, in memory of Neil & Verena Wood, Rosella Wood, Ernie & Pauline White, and Ginger White.
Lyall & Karen Workman, in memory of Jack & Ruby Workman.





Purpose: The organized unit of United Methodist Women (UMW) shall be a community of women whose purpose is to know God and to experience

freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.

Our Mission: We promote the mission activities of the United Methodist Church by supporting local mission projects and throughout the world with our annual pledge to mission on the national level. In 2011 we gave financial assistance to the Say Yes afterschool program and tithed \$800.00 to help reduce the McCabe building loan principal. We made donations of \$2,500 to the Open Door community center, up to \$500 to the Salvation Army, Aid INC, and supported the Haiti Solar Oven project, Welcome House and Spirit Lake Children of the Harvest.

Funds for these mission projects are raised by the women of our group with the salad luncheon, bazaar, by selling knives and free trade coffee. Members make donations to the group through their pledges, memorials, and gifts in mission and to honor our Special Mission Recognition recipients.

Special Mission Recognition: This year we are pleased to honor three of our members for their involvement and service. Carol Saville, Esther Circle, has served as an officer and on the Executive committee. Ramona Reifschneider, Mary Ruth Circle, has managed the sale of RADA knives. **Jewel of a Woman:** Al Erhmantraut, Esther Circle, organizes the spring banquet, annual salad luncheon and many other activities.

Thank You: To our UMW members who were greeters and ushers for services for the month of January and to Alice Hanson for organizing the effort.

Join Us: UMW is open to all women of the church. Our 2012 McCabe UMW directory is available at the office.

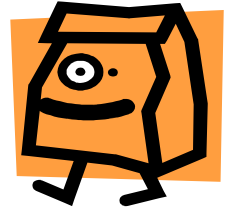
Upcoming 2012 UMW Events: March 8-Unit Meeting, April 14 - Spring Focus at McCabe, MAY 14-Spring Banquet, June 13 - Salad Luncheon, October 20 - Bazaar

For McCabe UMW,
Sharon Miller & Marlette Pittman

Welcome Bags for the Homeless

"Whenever you helped any of my people, no matter how unimportant they seemed, you did it for me."

Matthew 25:40



Save from travels or purchase personal-sized toiletries for Welcome Bags that provide new arrivals at local shelters with basic personal care necessities.

Every day over 375 people are homeless in the Bismarck - Mandan area. **Items most needed** are small deodorants and combs. Other items collected are:

Toothbrush	Toothpaste	Lotion
Deodorant	Comb	Soap
Shampoo	Conditioner	

Messenger Deadline

The deadline for the March Messenger is **Wednesday, February 15, 2012.**

Acolyte Coordinator

We are looking for one or several persons who would be willing to work with our children in grades 4 - 6 in the Acolyte program. Call the church office, 255-1160, if interested.

NO Aluminum Can Recycling

McCabe will no longer collect aluminum cans for recycling. You may continue to recycle by taking them to designated collection bins in Bismarck. Thank you!



Christian Ed Notebook

What's Happening?

During February children's classes are learning about the early days of Jesus' ministry.

February 26 there will be a short drama, *Zacchaeus*, in Fellowship Hall at 9:20. Everyone is invited to attend.

February 26 Prayer Bears will start going home with children during Lent. Prayer Bears invite the whole family to have prayer time.

Adult Bible Study, Christians with Issues and The Book of Acts continue on Sunday mornings from 9:00—9:50 a.m. and always welcome new members.

Left-over paint can have a new life!

North Dakota Decorative Painting group meets once a month at McCabe. In appreciation for using our facilities the group is going to paint Christmas event murals in children's classroom E5. You can help by donating left-over acrylic wall paint in good condition. It takes many different colors to create the wall murals in the Education Wing.



Heifer International Market

Sunday, Feb. 5, 2012
9-10:00 & 11-11:15 a.m.
Great Hall

Show your support by wearing stickers to worship!

Bring extra change with you on Sunday the 5th to support the children's classes in raising money to buy animals for Heifer International.

Classes choose the animals they want to buy and make items to sell to raise the money. Animals chosen are a heifer, a llama, a goat, rabbits, bees, chickens and ducklings.

Last year the Heifer Intl. Market raised \$1620 which bought 6 flocks of chicks, 5 flocks of ducklings, 5 hives of bees, 2 goat kids, 2 trios of rabbits, 1 lamb, 1 pig, 1 llama and 1 heifer.

Heifer International provides young animals to people in need, world-wide, and trains them in how to care for the animals. The recipient passes the first off-spring of the animals and the training to others, who do the same.

McCabe Youth

Does anybody not like movies? I don't think I've ever met someone who doesn't like movies. Most people I know could name their top 5 favorite movies with no problem. In fact, the type of movies you like actually says a lot about a person. History buffs like movies about history. Jokesters like comedies. Show me a movie with car chases and explosions and you'll have men lined up outside to see it. Show me a musical and you no longer have any men around. I say that jokingly, but my point remains: Everyone can find a movie they like. If you ask my wife she would probably say that I actually hate movies because it seems like I never want to watch them with her. When we go to try to rent a video, I can never find one that really interests me. Although my opinion would state that the majority of movies made are worthless and time-wasters, I do enjoy a good movie. One movie I enjoyed is called "Courageous". If you haven't heard of it or seen it, I highly recommend watching it. It was in the theaters last fall and came out on DVD in January. If you'd like to read a review of the movie you can find one at <http://www.pluggedin.com/videos/2012/q1/courageous.aspx>

The website at PluggedIn.com is a great resource. I would recommend the website to anyone who likes movies, video games, music, or TV. They review all of those mediums through a Christian perspective. They have all the latest movies reviewed by those who have viewed the media and they will point out the good, the bad, and the ugly without giving away spoilers. As you can imagine, when reviewing anything put out by Hollywood most of what they say falls under "the ugly" category. I could ramble on about how we should be more discerning in our media choices and how we should not allow the garbage out there to pollute our already sinful minds any more than they already are, but I digress. What I really want to ask is "How can a movie make us love God more?" I believe that a movie can convey a spiritual truth to us even if it wasn't meant to do so. A movie like "Pay It Forward" can remind us of the importance of giving to others.

Great! I also believe movies can teach us untruths that do not give us an adequate picture of a Biblical truth. How many romantic comedies leave the audience thinking that the only means to true happiness is found when we have a boyfriend or girlfriend? What a lie! How many young people end up disappointed when real life doesn't turn out like the movie portrayed? We must learn to bounce everything we are shown from movies and TV off of the truths found in Scripture. The movie, "Courageous" accurately conveys a Biblical message that includes a gospel presentation. I can say "Courageous" made me love God more and love His Word more. That is something worth seeing. Now who brought the popcorn?

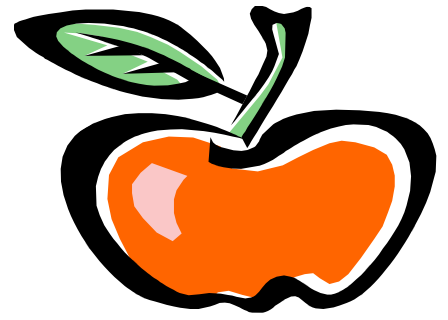
In Christ,

Ty Rostvedt
Youth Director



Go to McCabe Church on Facebook to see pictures of recent events.

Wholly Healthy



Greetings McCabe friends:

Happy New Year everyone! Wow, what a beautiful new year it has been. I think we could get used to these 50 degree winters! The nice weather certainly helped motivate us on our Walk to Bethlehem.

I will say it again...McCabe, you are **awesome!** In six short weeks we successfully completed our journey to Bethlehem. Way to go! It was a little iffy towards the end and I thought we might have to walk in place during the hymns but, so and behold, you put it into high gear and we made it. We traveled a total of 7,661 miles, just 11 miles over the total distance of 7,650. Whew, that was close but we also made the journey in one less week that we walked to Jerusalem and it was during the very busy Christmas season too.

Congratulations and thank you for taking the time to take care of yourselves by staying active. I do hope this has become a habit now and we can all continue to be good to ourselves during the rest of the year. As a token of appreciation for your participation, you can pick up a *Peace on Earth* bracelet from the basket out under the clerestory. Wear it as a reminder that peace begins within us first.

Please come and join us for *Faithfully Fit* exercise class every Monday & Thursday mornings from 10:00—11:00 to continue this journey towards healthier living. This is a very non-intimidating exercise class that anyone can participate in. Come and join us for fun, fellowship and fitness.

In celebration of Valentine's Day, I will leave you with ten ways to love, as was written in scripture and shared with me by a friend:

1. Listen without interrupting (Proverbs 18)
2. Speak without accusing (James 1:19)
3. Give without sparing (Proverbs 21:26)
4. Pray without ceasing (Colossians 1:9)
5. Answer without arguing (Proverbs 15:1)

6. Share without pretending (Ephesians 4:15)
7. Enjoy without complaint (Philippians 2:14)
8. Trust without wavering (Corinthians 13:7)
9. Forgive without punishing (Colossians 3:13)
10. Promise without forgetting (Proverbs 13:12)

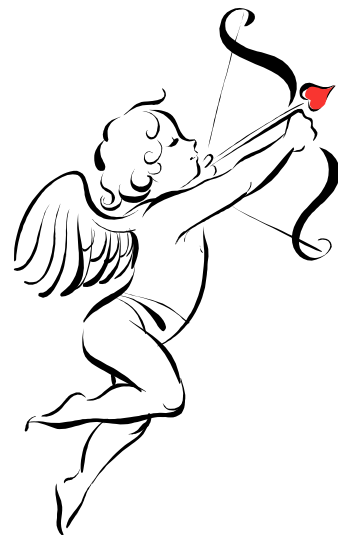
Thank you so much again for your participation in the *Walk to Bethlehem* and for your continued support of the Parish Nurse Program here at McCabe. You are blessings upon blessings in my life! Please contact me with any questions or concerns at 255-1160.

God bless,

Nurse Jane

P.S. A pastor asked his young Sunday School kids to explain love. This was the response from a little boy:

"I think you're supposed to be shot with an arrow or something, but the rest isn't supposed to be so painful."



The Not-So-Newlywed Game

The Chancel Choir will be hosting a night of fun and fellowship on Sunday, February 26, at 6:30 p.m.

Selected couples from our congregation will be contestants in the “Not-So- Newlywed Game.” Prizes will be given to the couple that matches the most answers.

The game will be followed by a Pie Social with a variety of delicious pies and beverages. There will be a free-will offering. So, join us for a fun night in the Fellowship Hall on February 26 at 6:30 p.m.



NOTICE:

Any items for The Messenger need to be turned into the church office no later than **Wednesday, February 15, 2012.**

McCabe UMC

1030 N. 6th St.
Bismarck, ND 58501
(701) 255.1160

Pastors

Rick Fossum
Ray Baker

Office Hours

Monday – Friday
8:30 a.m. – 4:30 p.m.

Worship

Saturdays
5:00 p.m.

Sundays

8:00, 10:00, &
11:15 a.m.

Church School

Sundays 9:00 &
10:00 a.m.
(Sept.—May)

Fax

(701) 223.1324

E-mail

mccabeumc
@mccabeumc.com

Website

www.mccabeumc.com

Facebook

[http://www.facebook.com/
pages/McCabe-
Church/330953958825](http://www.facebook.com/pages/McCabe-Church/330953958825)

Non-Profit Org.
U.S. Postage
PAID
Bismarck, ND 58501
Permit No. 232

McCabe United Methodist Church
1030 North Sixth Street
Bismarck, ND 58501
Postmaster: Change Service Requested

PRAISE GOD UMCOR CONNECTS ALL OF US

The following is taken from the 01-17-2012 edition of Mondays@Dakotas, a weekly newsletter emailed to subscribers from the United Methodist Dakotas Conference office.

Have you ever wondered what happens to all of those mission kits that are gathered from the Dakotas Conference and sent off to the United Methodist Committee on Relief (UMCOR)? LaRee Mayes of Rapid City First UMC came across the following letter that provides a glimpse of the impact of the gifts provided by the Dakotas Conference.

Dear Pastor and Congregation,

Greetings from the Community United Methodist Church in Yerington, NV. In the spirit of the connectional church, it is such a joy to write to you about our recent mission trip to the UMCOR Depot in Salt Lake City. On October, 27, fourteen people from our church made the 500 mile trip to Salt Lake City to volunteer our time for a day and a half.

When we arrived we were told we would be packing school kits to be shipped to Sudan. We were told that the Dakotas Conference had recently sent a shipment of school kits and we would spend our time unpacking the kits, making sure everything was in order, repacking the

kits in UMCOR cartons (12 kits to a carton), stacking cartons on pallets to prepare for the shipping to Sudan. What fun I had unpacking the box(s) from your church knowing the love and care you put into each school kit. Many of you sewed the wonderful school bags and I'm sure the recipient, probably a child in a refugee camp, will be overjoyed with the gift.

In the 9 hours we worked, we packed 1,344 school kits, all from the Dakota Conference, and there were more kits from your conference that we did not get to. But rest assured, the next week there would be more volunteers from somewhere in the western U.S. finishing up with the Dakota school kits and starting another project. We so enjoyed our service at the UMCOR Depot; we have signed up to return next year.

I personally wanted you to know that your kits were going to Sudan, that we blessed each pallet we completed, we prayed for you and your church and for the child who would receive your gift. Just think, a school kit assembled by a United Methodist in the Dakotas, shipped to Utah, packed by a United Methodist volunteer from Nevada will make its way to one of God's children on the African continent. What a blessing for all of us. Thank you for all you do in God's kingdom.

In His Service,

*Kris Beck
Community United Methodist Church
Yerington, Nevada*



February 2012



			<p>1</p> <p>5:00 pm TGIW Meal 5:15 pm Rings of Glory</p> <p>6:30 pm Rusty Staples 6:30 pm UMYF 6:30 pm Naked Gospel Discussion 7:15 pm Chancel Choir</p>	<p>2</p> <p>6:30 am Men's Bible Study 10:00 am Faithfully Fit 10:00 am Precepts Bible Study</p> <p>7:00 pm Adult Dominos</p>	<p>3</p> <p>7:00 am Men's Breakfast at N. Perkins 10:00 am Prayer & Meditation</p>	<p>4</p> <p>5:00 pm Worship</p>
<p>5 Boy Scout Sunday</p> <p>8:00 am Worship 9:00 am Sunday School (Heifer Fair - GH) 10:00 am Worship 10:00 am Sunday School 11:00 am Youth Choir 11:15 am Worship 5:00 pm Youth Super Bowl Party 7:30 pm Basketball</p>	<p>6</p> <p>10:00 am Faithfully Fit 11am-1pm Parish Nurse Hours</p> <p>3:30 pm SAY Yes</p> <p>7:30 pm Al-Anon</p>	<p>7</p> <p>7:00 am Sojourners 9:00 am Tuesday Workshop</p> <p>3:30 pm SAY Yes 5:30 pm Young Adult Group 7:00 pm Open Gym</p>	<p>8</p> <p>10:00 am UMW Executive Meeting</p> <p>5:00 pm TGIW Meal 5:15 pm Rings of Glory 6:30 pm UMYF 6:30 pm Naked Gospel Discussion 7:15 pm Chancel Choir</p>	<p>9</p> <p>6:30 am Men's Bible Study 10:00 am Faithfully Fit 10:00 am Precepts Bible Study</p> <p>6:30 pm Worship Com.</p>	<p>10</p> <p>10:00 am Prayer & Meditation</p>	<p>11</p> <p>5:00 pm Worship</p>
<p>12</p> <p>8:00 am Worship 9:00 am Sunday School 10:00 am Worship 10:00 am Sunday School 11:00 am—1pm Lunch Served by Missions 11:00 am Youth Choir 11:15 am Worship</p> <p>12:30 pm Interpre. Choir 2:00 pm ND Dec. Paint. 7:00 pm FLY 7:30 pm Basketball</p>	<p>13</p> <p>10:00 am Faithfully Fit 11am-1pm Parish Nurse Hours</p> <p>3:30 pm SAY Yes</p> <p>5:30 pm Leadership Team 7:30 pm Al-Anon</p>	<p>14</p> <p>7:00 am Sojourners 9:00 am Tuesday Workshop</p> <p>3:30 pm SAY Yes 5:30 pm Congre. Care 5:30 pm Young Adult Group 7:00 pm Open Gym</p>	<p>15</p> <p>5:00 pm TGIW Meal 5:15 pm Rings of Glory 5:30 pm Missions Com. 6:00 pm Eve Circle 6:30 pm Rusty Staples 6:30 pm UMYF 6:30 pm Naked Gospel Discussion 7:15 pm Chancel Choir</p>	<p>16</p> <p>6:30 am Men's Bible Study 9:30 am Esther Circle 10:00 am Faithfully Fit 10:00 am Precepts Bible Study 1:30 pm Mary-Ruth Circle</p> <p>5:30 pm Worship Planning Team 7:00 pm Adult Dominos 7:00 pm UM Foundation</p>	<p>17</p> <p>7:00 am Men's Breakfast at N. Perkins 10:00 am Prayer & Meditation</p>	<p>18</p> <p>5:00 pm Worship</p> <p style="text-align: right;">Ski Trip (grades 7-college) →</p>
<p>19</p> <p>8:00 am Worship 9:00 am Sunday School 9:00 am Reception for Barb Egan 10:00 am Worship 10:00 am Sunday School 11:00 am Youth Choir 11:15 am Worship 7:30 pm Basketball</p> <p>Ski Trip →</p>	<p>20 President's Day</p> <p>OFFICE CLOSED</p> <p>7:30 pm Al-Anon</p>	<p>21</p> <p>7:00 am Sojourners 9:00 am Tuesday Workshop</p> <p>5:30 pm Trustees 5:30 pm Young Adult Group 7:00 pm Open Gym</p>	<p>22 Ash Wednesday</p> <p>5:00 pm Lenten Meal 5:15 pm Rings of Glory 5:30 pm Christian Ed 6:00 pm Lenten Studies 6:00 pm UMYF 7:00 pm Rusty Staples 7:00 pm Worship 7:40 pm Chancel Choir</p>	<p>23</p> <p>6:30 am Men's Bible Study 10:00 am Faithfully Fit 10:00 am Precepts Bible Study</p> <p>5:30 pm NOW 6:30 pm COM</p>	<p>24</p> <p>10:00 am Prayer & Meditation</p>	<p>25 Communion</p> <p>5:00 pm Worship 6:00 pm Drama Rehearsal</p>
<p>26 Communion</p> <p>8:00 am Worship 9:00 am Sunday School 10:00 am Worship 10:00 am Sunday School 11:00 am Youth Choir 11:15 am Worship</p> <p>6:30 pm Not-So-Newlywed Game w/pie and coffee to follow 7:00 pm FLY 7:30 pm Basketball</p>	<p>27</p> <p>10:00 am Faithfully Fit 11am—1pm Parish Nurse Hours</p> <p>3:30 pm SAY Yes</p> <p>7:30 pm Al-Anon</p>	<p>28</p> <p>7:00 am Sojourners 9:00 am Tuesday Workshop</p> <p>3:30 pm SAY Yes</p> <p>5:30 pm Young Adult Group 7:00 pm Open Gym</p>	<p>29</p> <p>5:00 pm Lenten Meal 5:15 pm Rings of Glory 6:00 pm Lenten Studies 6:00 pm UMYF 7:00 pm Worship 7:40 pm Chancel Choir</p>	<p>"In dreams and in love there are no impossibilities." ~ Janos Arany</p> <p>"True love begins when nothing is looked for in return." ~ Antoine De Saint-Exupery</p>		